



Bodyworks Pilates COVID-19 Guidelines and Liability Waiver For Phase 2 of Washington State's phased "Safe Start" approach to reopening businesses~ Due to the 2019-2020 outbreak of the novel Coronavirus (COVID-19), our business is taking extra precautions with the care of every client to include health history review and enhanced sanitation/disinfecting procedures in compliance with CDC guidance. Symptoms of COVID-19 include:

•Fever • Fatigue • Dry Cough • Difficulty Breathing

I agree to the following:

- I understand the above symptoms and affirm that I, as well as all household members, do not currently have, nor have experienced the symptoms listed above within the last 14 days.
- I affirm that I, as well as all household members, have not been diagnosed with COVID-19 within the past 30 days.
- I affirm that I, as well as all household members, have not knowingly been exposed to anyone diagnosed with COVID-19 within the past 30 days.
- I affirm that I, as well as all household members, have not traveled outside of the country or to any city considered to be a "hot spot" for COVID-19 infections within the past 30-days.
- I understand that Bodyworks Pilates cannot be held liable for any exposure to the COVID-19 virus caused by misinformation on this form or the health history provided by each client. Our business is following these enhanced procedures to prevent the spread of COVID-19:

- 1) *When social distancing cannot be maintained, other preventions are required which includes personal protective equipment.*
- 2) *Cloth facial coverings are required by both clients and teachers.*
- 3) *Both Clients and teachers will wash their hands (or use provided hand sanitizer) thoroughly prior to each session as well as at the end of each session.*
- 4) *Ensuring frequent cleaning: We have CDC recommended cleaning products. We will wipe every surface both before and after use.*
- 5) *We have new vinyl coverings for reformer straps that can now be sanitized.*
- 6) *We have a space air purifier that will be in the studio to further purify the air.*
- 7) *There is hand sanitizer placed around the studio.*
- 8) *Small water bottles will be provided however we encourage you to bring your own.*
- 9) *Both clients and teachers should take their temperature at home prior to coming to the studio.*
- 10) *High Risk clients are not included in Phase 2.*
- 11) *Clients should wait outside or in their car prior to their session. Their instructor will call or text them when they can enter the building for their session.*

By signing below, I agree to each statement above and release Bodyworks Pilates from any and all liability for unintentional exposure or harm due to COVID-19.

Printed Name_____

Signature_____Date_____